

# Diabetes In Calhoun County, 2012



Produced by the South Carolina Department of Health and Environmental Control

#### Impact of Diabetes in the United States

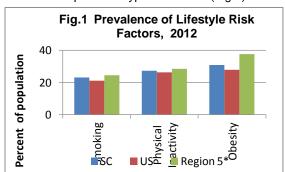
- Diabetes affects 25.8 million Americans and contributes to approximately 231,000 deaths a year
- Diabetes is becoming more common in the United States. From 1980 through 2011, the number of Americans with diagnosed diabetes has more than tripled (from 5.6 million to 20.9)
- The direct and indirect costs of diabetes in the U.S. were nearly \$174 billion in 2008.
- 69,701 people died of diabetes in the U.S. in 2010.

#### Diabetes in South Carolina

- Approximately 421,549 adults in South Carolina are diagnosed with diabetes. African Americans have a 42% higher prevalence than Whites.
- The total direct costs of hospitalizations and emergency room visits were over \$4.7 billion in 2012.
- Diabetes is the seventh leading cause of death in South Carolina, claiming 1,186 lives in 2012

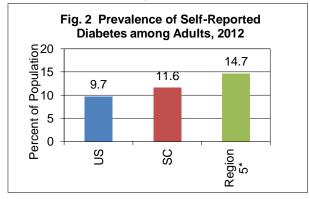
# **Behavioral Risk Factors**

Major behavioral risk factors, such as obesity and physical inactivity are partially responsible for development of type 2 diabetes (Fig 1).



#### **Diabetes Prevalence**

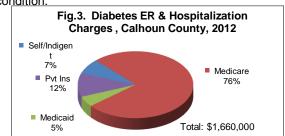
■ An estimated 14.7% of adults in Region 7 suffer annually from diabetes (Fig 2).



\*County-level BRFSS not available for 2012.

### **Hospital and Emergency Room Discharges**

- In 2012, there were 37 hospitalizations for diabetes in Calhoun County for all ages.
- There were an additional 338 hospital discharges with diabetes-related conditions in Calhoun County.
- In 2012, there were 59 emergency room (ER) visits for diabetes as the primary diagnosis, among which 44 (75%) were by African-American patients.
- There were 828 ER visits for diabetes as a related condition.



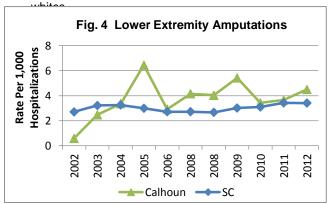
Medicare paid for 76% of the ER and Hospitalization charges in Calhoun County (Fig 3).

# **Complications**

- 43% of patients hospitalized in SC for diabetes had complications in 2012; 34% of hospitalizations in Calhoun County (Table 1).
- In 2011, more than 74% of people in SC with diabetes had hypertension, compared with only 30% of people without diabetes.

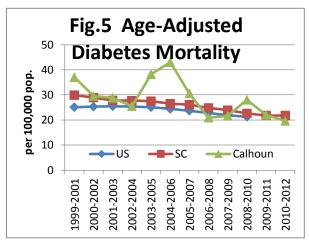
Table 1. Hospitalizations for Diabetes Complications in Calhoun County in 2012			
Diabetes Complication	Hospital Admissions	Percent of Diabetes Hospital Admissions	Total Charges
Renal Failure	95	26%	\$3,376,200
Lower Extremity Amputation	7	2%	\$434,700
Ketoacidosis	16	4%	\$1,005,100
Retinopathy	8	2%	\$330,400

- In 2011, more than 67% of people with diabetes had high cholesterol.
- 2012, the rates for lower extremity amputations among blacks in SC were 3times the rates among



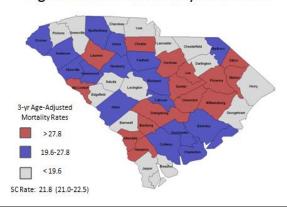
# **Mortality**

- Diabetes is the tenth leading cause of death in Calhoun County.
- A total of 3 people in Calhoun County died from diabetes in 2012.



- The Calhoun County mortality rate was 13.5/100,000 in 2012, below the state average.
- Calhoun County ranks #31 in diabetes mortality in South Carolina 2010-2012.

Fig. 6 Diabetes Mortality 2010-2012



#### For More Information about diabetes contact:

Division of Diabetes, Heart Disease, Obesity and School DHEC Bureau of Community Health and Chronic Disease Prevention

http://www.dhec.sc.gov/health/chcdp/diabetes/index.htm (803) 898-1635

Diabetes Initiative of South Carolina http://www.musc.edu/diabetes/ DIABETES | IV | E

Generated by: Division of Chronic Disease Epidemiology, Bureau of Community Health and Chronic Disease Prevention

http://www.scdhec.gov/hs/epidata/state\_reports.htm

#### Data Sources:

# **Behavioral Risk Factors and Diabetes Prevalence:** SC BRFSS

http://www.scdhec.gov/administration/phsis/biostatistics/brfss/

Mortality Data:

Vital Statistics, DHEC Division of Biostatistics 803-898-3627

Hospital Discharges and ER Visits: Office of Research and Statistics SC Budget and Control Board (803) 898-



For more details, please view the Technical Document below <a href="https://www.scdhec.gov/health/epidata/docs/EpiTechNotes.pdf">www.scdhec.gov/health/epidata/docs/EpiTechNotes.pdf</a>